



Soul Nectar is a collection of songs that came to me over a span of years, some of which I rarely (if ever) perform live. The recordings are very basic and organic: My voice, a guitar, ukulele and other various percussive instruments (Udu, shakers, bells, singing bowls). Each song expresses a facet of my soul's experience: The Wonder of Nature, Actualizing my Dreams, Feeling the Divine Love for Another, Awakening of Consciousness, Hope for the Healing of the Earth & Humanity, Deep Prayers for Guidance and Freedom from dissolution of the Ego.

It is my heart's prayer that May All Beings be Happy and Free to Be who they were Born to Be-In this Now. It is my inner knowing that Sound is EVERYTHING at it's basic level and that we all have the potential to tap into the healing power of our own most Sacred and Transformative Instrument: Our Voice. I hope these Songs inspire you to tap into your own Soul Nectar! Blessed Be~ With Love, Mary Isis

DREAMER

Capo 4th fret- C / Am / Dm / G / C

C Am Dm G
What are you looking for? Searching so far outside you when the Treasure

C
is already Yours...

C Am Dm
Who do you think you Are? More than the sum of all your parts, You are

G C
That, All that you Are....

Dm
From the beginning,

Am
from the first spark,

Dm
from the first breath of Life.

Dm Am
Awareness unfolding into the present, this gift of Being Alive.

F Am
This is your journey and your soul is yearning to be Realized
G C
as an integral part, a divine expression , Eternal and Wise.

What do you want to see?

Who do you want to be?

How will you make your dreams come true?

When will you realize the genius inside of you?

Beyond our feelings, beyond our thoughts,

we can give up the pretenses

Behind our Eyes, we all hurt sometimes, this is just Life

drop your defenses,

And have no resistance to this existence, we are all the witnesses
to our dreams awakening....Awaken to the Dream..

BELOVED ONE

Am E F C
O Beloved One.....Sacred Reflection.....Looking within
Am E F C
Finding the love that you seek.....has always been
Am E F F C
Deep inside, safe and sure, your sacred heart so holy and pure.
(keep repeating the same chord pattern)
This Being so Present....this Presence of Being
is Here in this Moment.....Open and receiving
clear insights and feeling from this....Center of Being~
Aligned with One's Truth.....with One's Purpose of Being~

To Love...and Be Love...We are Beings of Love
in the Greatest Love story that we could ever dream of....
We Love....and are Loved.....Light beings of Love...Shining to all directions
Below and Above.....
Let's stay connected and Devoted to Serving the One,
Singing All Praise to the Source of all Life creation....
We are the Ones, the Blessed Ones...We are Born to Awaken
the True Self Within...shall not be Forsaken...
The True Love in our Hearts can never be Taken..
The Truth that's in your Soul, let it never be Shaken.
Every Being, every Soul has their Light to Shine.

WE ARE AWAKENING- Am/G

Am

We pray to be clear and humble & eternally grateful in the proof of the

G

presence of the Divine Will.

A

We take this optimistic oath to stay true to ourselves so that all of our

G

hopes and our dreams we may fulfill

Am

We take heed at the imminent change and transformation thats occurring

G

within us and the outer world.

Am

We believe in ourselves, our brothers and sisters, in the power of peace as

G

our lives continue to unfurl

F

G

We are Awakening from the Dream

Am

So very long we have been sleeping

F

G

We are Awakening from the Dream

Am

From the illusions of separation and suffering

F

G

We are Awakening and Claiming

C

G

F

our Birthright to be happy and Free

F

G

Am

We are Awakening to Be....the Clear Divine Channel that we were born to be.

2nd verse, same chord pattern:

We pray for courage, to have strength, to stand tall and fearless in the face of any challenges this Life may bring..... We take a vow of vulnerability to be willing to see and be seen all of the ways we can be more forGiving..... We take heed at the imminent need to Unite, spread the Light, have respect for Life, We have the Potential to Thrive..... We believe in ourselves- in the Truth, that the power of Love is the Healer, the answer, the Purpose to being Alive.

We are Awakening from the Dream, So very long we have been sleeping

We are Awakening from the Dream, From the illusions of separation and suffering

We are Awakening and Claiming our Birthright to be happy and Free

We are Awakening to Be....the Clear Divine Channel that we were born to be.

WHAT WILL BECOME

Dm Am C G
All I know is that the Fires will Burn...so that we can see the Light
Dm Am C G
and the tides will turn...through our days and through our nights
F/C Am G
Life force energy...flowing through our bodies, coursing through our veins
Dm Am C G
lords know I feel the joy, lord knows I feel the pain, Lord knows I feel the Change....
— — Dm/Am//// II
What will become of this world that we hold so close to our hearts?
I Pray that this Earth will Heal from her wounds, that We'll fix all the problems that we've started
I Trust in the Divine Plan, I am grateful for this life that I am living.

C/G
I know I got so much to Give, gonna do what I can in this life that Im living
Dm Am/C/G
If not for us then lets do it for our children~
Dm Am/C/G
If not for us then the rest of this planet~
Dm Am / C / G
How we gonna honor the gifts that we've been granted?
Dm Am....
We're gonna nurture the seeds that have been planted.
— — Dm / Am//// II

What would a world look like with out War corruption and greed?
A world where people come from the heart, honoring diversity of the human family
Ive had a dream for so long and I hope that I live to see the day
of the people of the world working to together, living together in a peaceful way
Can we all feel this unity?
Can we realize that we are all family?
Can we feel in our hearts sweet harmony?
Can we look within to find, this powerful being....Powerful Being.

This is where it starts....when we open our hearts....
This is where it starts...Opening our hearts

We are Powerful beings, this is clear to see
With the power to create so much beauty and the power to destroy all this life that we see
There are some who dont know the power, the power that they come from
Our ancestry- it is so deep! We can learn from the past and forgive so that we can be free

How well are we doing with remembering?
The stories that were told and the songs that they would sing?
Our ancestors had hope for the lives of today,Just like we do but in a different time and space
This is not only about the human race, The face of god is all over this place
This is not only about the human race, The face of god is all over this place

All I know is that the Fires will Burn
So that we can see the Light
and the tides will turn...through our days and through our nights
Life force energy...flowing through our bodies, coursing through our veins
lords know I feel the joy , lord knows I feel the pain
Lord knows I feel the Change....

HUMBLE YEARNING

Bb A Bb A
Life Vibration.....Humming on the wings of the Honey Bee.....

Bb A Bb A
Sweet...Glorious Light...guiding the Way for all Life.

Bb A Bb
Humming of the sacred Honey Bee, She's dancing...

A
To the Light of the Sun, Serving the Queen.

Bb A
Mother of Creation....Moving in Mysterious Ways

Bb A Bb / A / Bb / A
Calling all her Children Home to Live as One again.....

Cm Dm
Feeling a Yearning in My Soul to Return....

Cm Dm
To a Love thats Beyond Form, Beyond Words

Cm Dm
Clearing the way through all which does not serve, the highest I

Cm Dm G
Allowing the Light to pour in is the Blessing of Life.

(Repeat chord pattern)

Sweet Simplicity....REmoving the Obstacles so that I may see

The beauty...The miracles of Life inside and around me

I am a tiny flower...And I am the honey Bee.

Sweet Nectar of the Divine....

Wine of the Mystical Vine

Blessed is the Union of Mother and Father Divine

Oh My blossoming heart is opening wide

Dm / A / Dm / A

for you to Live inside....

Dm A
There exists a Power...a power that dwells in us all

Dm A

We have been graced with the honor of embodying this light we have heard the call of

Dm
our Soul's highest yearning

A Dm
The tools we are learning, impurities are burning away....

A Bb
Til there's nothing in the way...til there's nothing left to prove

Dm Bb
So I can look my brother deep in the eyes and speak my truth.

Dm Bb
There is no one left to blame, no more greed or shame
Dm Bb
This is our mission and we hold the vision to bring heaven to earth again...
A
Peace in the Hearts of All Humans.....

Cm Dm
Feeling a yearning in my Soul, To Return
Cm Dm
To a Love that's beyond Form, Beyond Words
Cm Dm
Clearing the Way through all which does not serve the Highest I
Cm Dm G
Allowing the Light to pour in is the blessing of Life.....

Bb A
Round and Round and Round we Go, On this wheel of Life, from a seed we grow
Bb
Nourished with Love from our mother and father
Dm
We are Earth, Fire Air and Water
Bb A
As a Child we learn so many things, Truth and Lies in this garden of Dreams
Bb A
Til one day we realize, this veil of illusion that covers our eyes.....

Dm A
Where there's a will there's a way and There will come that Day

Dm
When all Shadows will meet the light
A
No more wrong, no more right, no more left to hide

Dm A
This is our Soul's highest yearning, to surrender my self, to be who I AM
Dm A
I AM That I AM, There is Nothing in the Way

Bb Dm Bb
There is nothing left to prove, I can look my beloved in the eyes and speak my truth

Dm Bb
There is no one left to blame, no more envy or shame
Dm Bb Dm
This is our mission and we have the vision to bring Heaven to Earth Again

Bb Dm Bb Dm
We're gonna Bring Heaven to Earth Again....Heaven on Earth Again.....

A
Peace in the hearts of All humans.....

I AM HOME

C F
Om Asatoma Sat Gamaya
C

Tamasoma Jyotir Gamaya
G F
Mrityorma Amritam Gamaya
(Repeat)

F G C
Lead me from the Unreal to the Real
F G Am/C
Lead me from the darkness to the Light
F G C
Lead me from the temporary to the Eternal
F G C
Om....I am Home...
F G C
I am Home..I am Home

C F C G/F
Lokaa Samasta Sukhino Bhavantu (Repeat)
C F C G F
May All of the Beings in this World be Happy and Free (Repeat)

(Repeat chord patterns.)

This is a Prayer for all those in Despair who are living in Strife on their Journey of Life
This is Prayer for all people in War who don't know what they are fighting for
This is the prayer that we feel in our hearts, that we all are connected and all play a part n
creating the world that we want to see,
We become the masters of our reality
Everyone has a right to be Happy and Free
Om Shanti Shanti Shanti.....

Om Sarvesham Svastir Bhavatu
Sarvesham Shaantir Bhavatu
Sarvesham Purnam Bhavatu
Sarvesham Mangalaam Bhavatu
(May there be Wellbeing in All, May there be Peace in all, May there be Fulfillment in All, May
there be Auspiciousness in all)

Lead me from the Unreal to the Real
Lead me from the Darkness to the Light
Lead me From the temporary, to the Eternal
Home.....I am Home
I am Home.....I am Home....

Free Now

Om.....Om.....Om

Gone....Gone....Gone Beyond
Free from all suffering
Free from Illusion
Free from Separation
Free Now.....Halleluyah

"Gate Gate ParaGate...Parasamgate Bodhi Swaha"

Halleluyah! Halleluyah! Swaha! Swaha!
Gone. Gone, all the Way Gone
Free from Separation....Halleluyah
Gone...Gone Now....You are Everywhere
Halleluyah
Om

This mantra (known as the Heart Sutra) speaks of the freedom, the blissful liberation experienced when you go within, to the center stillness and you are Gone...Gone...Utterly Gone beyond!....Free from Illusion...Free from Separation, Free from Suffering, Free from the Ego.

The Soul exclaims "Hallelujah" in rejoice for this attainment of the Bliss of Being, and the realization of True Self, that is Everywhere and Nowhere.

I was inspired to create this recording after the sudden passing of a friend due to a drowning and to create something for others to listen to and chant along with, who may be experiencing turmoil or suffering.